Quality Services for the Autism Community Serving New York City and Leave Live Serving New York City and Long Island



Quality Improvement Plan

Mission Statement

QSAC is a New York City and Long Island based nonprofit that supports children and adults with autism, together with their families, in achieving greater independence, realizing their future potential, and contributing to their communities in a meaningful way by offering person-centered services.

Policy:

The Quality Improvement Plan will be utilized to measure, aggregate and analyze information gathered in order to assess/measure the following:

- Whether the individuals at QSAC are experiencing the outcomes and quality of life they strive to achieve.
- Agency's effectiveness in planning and delivering person centered services.
- Assurance of individuals' health, safety, rights, and freedom from abuse/neglect and exploitation.
- Goals, objectives and processes to address compliance with OPWDD, SED, state and federal requirements.

The analysis will also be used to determine appropriate improvements/revisions to QSAC's systemic strategies to improve the individual's quality of life. The Quality Assurance Department, in conjunction with QSAC management and employees, will identify quality of life issues, implement and monitor corrective actions and study their effectiveness in improving service delivery.

Areas of Emphasis:

The Quality Improvement Plan emphasizes three areas for continuous improvement:

- 1. Quality of Services Services provided are given as prescribed under the QSAC Mission Statement, New York State and Federal Regulations and Laws and QSAC Policy & Procedures.
- 2. Meeting of Desired Outcomes Person-centered services are provided to further each individual's ability to live the life they strive to achieve.
- 3. Individual Satisfaction Agency is responsive to information collected from individuals and their family members/advocates.

Procedures:

- 1. At the beginning of the year, an internal QA audit schedule will be developed by the Assistant Director of Quality Assurance for internal audits to be conducted by staff from the QA Department. Internal audits will consist of a review of person centered plans, quality of life goals, medical services, health & safety, individual rights, behavior support plans, staff training, observations and interviews with individuals and staff.
 - o At the conclusion of the internal QA audit, a report with all findings will be generated and provided to the program being audited.
 - The Assistant Director of Quality Assurance or designee will meet with the program team to review the
 - Subsequent to the meeting, the program will submit a Plan of Corrective Actions (POCA) to the Assistant Director of Quality Assurance.
 - o Assistant Director of Quality Assurance will create a response to the POCA to provide the program with weighted areas of concern and their corresponding regulations.
 - The QA Department will visit to the program to ensure implementation of actions indicated in the POCA.



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- Designated QA staff will conduct a monthly review to ensure that Medicaid Exclusionary checks are performed as required for employees, volunteers, contractors, vendors and members of the Board of Directors.
- o Designated QA staff will periodically conduct a review of Human Resource files, to ensure that staff credentials required for the job position are met.
- 2. During the year, external audits are conducted by OPWDD and other Governing Bodies to ensure site/agency is in compliance with State and Federal regulations.
 - At the conclusion of the audit, an Exit Conference Summary will be generated by the Governing Body.
 - o If applicable, the program, in conjunction with the QA Department, will submit a Plan of Corrective Actions (POCA) in response to any issues identified.
 - Subsequently, a QA staff will visit the audited program to verify the accurate implementation of actions indicated in the POCA.
 - The Senior Director of Adult programs will review the Exit Conference Summary recommendations/ deficiencies and notify other locations/programs of the recommendations/deficiencies in order to ensure compliance program/agency wide.
 - If the review of the Exit Conference Summary recommendations/deficiencies determines that other locations/programs need to be notified of the recommendations/deficiencies, QA staff will conduct a sample audit of the locations/programs to ensure compliance related to the recommendation/identified area(s) of concern.
 - The QA Department will determine if the Exit Conference Summary recommendations/deficiencies need to be added to the QA internal audit tool in order to ensure future compliance.
- 3. During the year, QSAC programs will conduct self-audits in order to ensure compliance and quality of care.
 - Results of self-audits will be copied to the Compliance and QI Plan Activities folder for review by QA staff.
- 4. Self-Advocacy Meetings will be conducted biweekly. After each meeting a summary report detailing group discussions and outcomes from previous meetings will be generated.
 - Summary reports will be copied to the Compliance and QI Plan Activities folder for review by QA staff.
- 5. On an annual basis, the QSAC Strategic/Management Plan will be reviewed to ensure it corresponds to the QI Plan.
- 6. On a monthly basis, the QSAC agency review committee will review incidents to ensure individuals are free from abuse/neglect and exploitation.
- 7. Family Satisfaction Surveys and Individual Satisfaction Surveys will be completed on an annual basis. Survey results will be reviewed and procedures will be put in place to address concerns. The team will make an effort to address all concerns and for those that are not immediately achievable, the team will assist in moving towards meeting the need(s) of the individual/family member.

Quality Improvement Actions:

1. At the end of the year, each department/area will ensure their internal auditing data is sent to the Compliance Officer consisting of aggregated outcome measurements regarding outcomes achieved, not achieved, trends noted, etc.



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Communication:

- 1. Annually, a progress summary will be generated that identifies the quality improvement actions taken and the results/effectiveness.
- 2. Annually, the Quality Improvement Plan will be reviewed and approved by the Board of Directors. Documentation of the Board's review and discussion is contained within the Board of Directors meeting minutes.
- 3. During the admission process, the individual's intake packet will include information for accessing either in electronic format, or, if requested, in paper copies, a copy of QSAC's QI Plan to persons receiving services who have the capacity to understand the information and to their parents, guardians, correspondents or advocates. Annually thereafter, QSAC shall inform these parties of the means to access this information.
- 4. Upon employment/commencement of service (i.e. vendor or contractor) and annually thereafter, QSAC shall make QSAC's QI Plan known to agency employees, interns, volunteers, consultants, and contractors.



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Quality of Services – Services provided	Meeting of Desired Outcomes –	Individual Satisfaction – Agency is
are given as prescribed under the	Person centered services are	responsive to information collected
mission statement, policies &	provided to further each	from individuals or their relatives.
procedures and existing plans.	individual's ability to live the life	Trom marriadais of their relatives.
procedures and existing plans.	they want to live.	
Policy & Procedures – all things done	Life Plans, SAPs, POMS –	Satisfaction Surveys – is the program
according to P & P and OPWDD (no	appropriate valued outcomes,	meeting the needs of the individual;
violations)	individualization of plan (is it person	does the agency have a plan to
,	centered)	address these findings
Existing Plans – Life Plans, SAPs – plan	Goals/Objectives – were proper	Self-Advocacy – group meets regularly
actionability	steps taken for the individual to	to discuss issues
,	attain their desired outcome(s); are	
	goal(s) appropriate, individualized	
	and contribute to a furtherance of	
	desired outcomes and quality of	
	life.	
Health & Safety – environmental	Community Inclusion – are	Individual Interviews – is the program
hazards, functional facility, HIPAA,	individuals engaging in activities of	meeting expectations/needs
OSHA, dietary needs, bathing, eating,	their choice, interacting with	
choking hazards	people in community that are non-	
	disabled and going out	
Medical Services – medication errors,	BSP – do BSPs and other clinical	
tx received as prescribed, PONS	plans decrease targeted behaviors	
followed/in existence	and contribute to a furtherance of	
	desired outcomes	
Individual Rights – choices given,		
freedom from abuse, confidentiality		
Incident Management – number of		
part 624 incidents reflective of service		
quality, incidents of mistx, allegation of		
abuse. See incident trends for more		
details		
Employees – code of conduct followed,		
conflict of interest		
Staffing – ratios met, training occurred		
Self-Assessments – are all departments		
checking for errors/trends via internal		
audits, observations, etc. (i.e. fiscal,		
etc.)		
Board of Directors – data submitted for		
review regularly, are they kept		
apprised of issues		
BSP – supervision maintained		